

KICKBOXING ONTARIO

Objects And By-Laws

www.kickboxingontario.com

Last Amended: February 25th, 2023



KickboxingOntario.com
5008 South Service Road, Burlington, L7L 5Y7
(905) 681-9815



KICKBOXING ONTARIO

I Identification

1.01 Name

The legal name of the body will be '**KICKBOXING ONTARIO Inc.**' hereinafter referred to in this document as the Corporation.

1.02 Objectives

1. To maximize opportunities for competition for amateur athletes in the province of Ontario;
2. To facilitate the development of world-class athletes who will become ambassadors for the sport of Kickboxing in this province as well as across the Canada and the world;
3. To offer services to Kickboxing clubs and organizations across the province in the following areas:
 - a. establishment of coaching and training standards;
 - b. promotion of fairness and equity at the club as well as competition levels;
 - c. establishment of standardized training and certification for judges and officials;
 - d. promotion of the sport of Kickboxing to the wider community as a means of physical fitness and health promotion;
 - e. to act as an advocate on behalf of the Kickboxing community to government and policy makers;
4. To establish a standardized sanctioning process to legitimize competitive events as well as establish guidelines for fair play, codes of conduct, equitable access to the sport, and competitive standards.
5. Also, KO would like to pursue the following objectives:
 - a. To develop interest in the recreational and competitive components of amateur kickboxing in Ontario;
 - b. To promote proficiency and excellence in amateur kickboxing instruction through accreditation courses and clinics;
 - c. To support member clubs and individuals by providing opportunities for participation in clinics, training camps, and certification programs;
 - d. To select a provincial team for the National Championships;
 - e. To provide opportunities for all amateur kickboxers to gain competitive experience in a safe environment that ensure proper training is obtained through specific events and accredited programs;



KICKBOXING ONTARIO

- f. To fulfill the administrative and policy requirements for provincial/territorial affiliates of the NSO – and work with the organization to strengthen its work throughout Canada.
- g. To co-operate with all levels of government as well as other sports governing bodies in respect to information sharing and in the development of provincial sports policy or cooperative programming.
- h. To seek and accept donations, gifts, legacies and bequests for the purpose of furthering its objectives.

1.02 Head Office

The Head Office of the Corporation shall be located as determined by the Directors of the Corporation based on member needs and organizational practicality.

1.03 Corporate Seal

The seal, an impression that is stamped at the end of this Constitution and By Laws, shall be the corporate seal of the Corporation. Kickboxing Ontario shall retain custody of such seal.

1.04 Organization

The Corporation shall be composed of members as described in the following document, and shall be managed by an Executive Committee comprised from the Board of Directors, as stated in this Objects and By-laws.

II. Governing Structure

2.01 Board of Directors

- a. The affairs of the Corporation shall be conducted by a Board of Directors which shall be comprised of an Executive Committee and other directors who shall be elected from among the membership of the Corporation.
- b. The Board of Directors of the Corporation shall be:
 - 1. President
 - 2. Vice President
 - 3. Director – Finance
 - 4. Director Officials
 - 5. Director Coaching
 - 6. Director Competitions
 - 7. Director Marketing



KICKBOXING ONTARIO

2.02 Tenure and Election of Officers

- a. The following positions shall be elected for a four-year term at the annual meeting as outlined below:

President
Vice President
Director Finance
Director Officials
Director Coaching
Director Competitions
Director Marketing

- b. The executive members of the Corporation will be elected at the annual meeting every four years from the date of initiation of the Corporation.
- c. A member may be nominated, in writing, thirty days prior to the annual meeting, by a Club Member or any current member of the Board of Director in good standing, to run for a position.
- d. All such written nominations should be in the hands of the Vice President or whoever else is in charge of AGM/constitution matters but not staff, no later than thirty days prior to the annual meeting.
- e. The President and Vice President and Treasure must have sat on the KO Board for a minimum of one previous term before being nominated for either position.
- f. It is strongly recommended that board members are nominated from the pool of previous board members or have past experience with KO or WAKO Canada.
- g. A Board position can have a maximum of three consecutive terms of four years each.
- h. Any person can be on the Board of directors for a maximum of three consecutive terms in different Board Positions.
- i. All Board of Directors must come from registered Member Clubs that have been members of the Corporation for a minimum of three years.
- j. All Board of Directors must adhere to all policies and procedure of both the KO and WAKO Canada.

2.03 Executive Committee

- a. The Executive Committee is composed of the President, VP, and Director of Finance.
- b. The Executive Committee shall carry out the policies established by the Board of Directors and direct the activities of the Corporation.
- c. The executive committee may hire salaried staff personnel or contract companies, as it deems necessary to promote and develop the sport of amateur kickboxing or support the administration of the Corporation.



KICKBOXING ONTARIO

- d. The executive committee shall be responsible for the finances of the Corporation with the priority being the growth and development of the sport of amateur kickboxing and the maintenance of the Corporation.
- e. Meetings of the Executive Committee shall be held at the call of any member of the Executive.

NOTE: The Executive committee is in place to manage the day-to-day operations of the organization. They may enact policies and make decisions that align with the objectives of the corporation.

2.04 Vacation of Office

- a. The office of a member of the Board of Director/Executive Committee shall be vacated:
 - 1. Upon the acceptance of a member's written resignation
 - 2. If they fail to attend two consecutive meetings of the Board
 - 3. If a resolution is passed by 2/3 of the members that they be removed from office due to a violation of the policies of the Corporation
- b. Should a vacancy occur in the Executive committee the Board may appoint a person to fill the vacancy until the next annual meeting.
- c. If the President vacates his/her position – the Vice President automatically takes on the role of President.

2.05 Committees and Commissions

The President, with the approval of the Executive committee, may appoint committees, and commissions to deal with specialized areas of activity of the Corporation. The President or his/her representative will be an ex-officio member of all committee/commissions.

- a. Standing Committees – The corporation will have the following committees:
 - 1. Discipline and Appeals
 - 2. Competitions and rules
 - 3. Finance
 - 4. Certification of Coaches and Officials
 - 5. Club Development
 - 6. Marketing



KICKBOXING ONTARIO

b. Commissions – The corporation will have the following commissions:

1. Medical
2. Coaches
3. Officials
4. Athletes

2.05 Designated Representative

The designated representative of the Corporation shall be:

1. The President
2. In their absence, the Vice President

2.06 Binding the Corporation

The signatures of 2 Board members are needed to legally bind the Corporation. One of these signatures must be that of the President.

III. Members

3.01 Classification

The Corporation shall be composed of the following categories of members:

1. Active Member
2. Active Club Member

All categories of membership are further outlined in the Corporation's By-laws Section 2 (Attached).

3.02 Membership Fees

Annual fees for each category of membership shall be established by the Executive Committee and outlined in the association's finance policy. As above, changes will be voted on post implementation at the AGM.

3.03 Registration

a. All members must comply with established registration procedure as outlined by the By-Laws of the Corporation (Attached).

b. Submission of a registration form and fee by an individual is an acknowledgement by said individual to abide by the Objects and By-laws, the rules and regulations and policies of the Corporation as they exist at the date of



KICKBOXING ONTARIO

the application and as amended through specified procedures of the Corporation thereafter. It is the responsibility of all registered members to be aware of all rules and regulations that are applicable to their membership and it is the responsibility of the registered clubs to share these with their club members.

3.04 Termination or Suspension of Membership

- a. The Board of Directors can terminate or suspend membership with a 2/3 majority if a member's conduct is deemed by the Board to be against any of the policies, rules and regulations, and/or purpose of Kickboxing Ontario. The duration and description of this penalty is according to the Discipline Policy of Kickboxing Ontario. No refunds of fees will be given with any termination or suspension of membership.
- b. Resignation – Any member may resign by submitting a written notice.
- c. Appeals – A member suspended can appeal their suspension or termination with written notice submitted by registered mail no later than 7 days after receipt of notice. Please see the **Harassment/Discipline** document for further insights into this process.
- d. Reinstatement – Any individual may request reinstatement a member so long as they submit to the Kickboxing Ontario Executive a written request of reinstatement with:
 - i. Evidence that the person has not committed the act that resulted in their termination or suspension.
 - ii. The suspension time frame has elapsed.

IV Meetings

4.01 Annual Meeting

- a. The annual meeting shall be held within 120 days of the end of the year.
- b. Written or email notice of the annual meeting will be forwarded to registered clubs & voting delegates at least 30 days prior to the meeting.
- c. All members in good standing of the Corporation may attend the annual meeting and be allowed to participate. However, all voting is restricted to accredited delegates only.
 1. Accredited delegates are defined as registered Member Clubs with Kickboxing Ontario with a minimum of 12 registered competitive athletes and 2 registered coaches with Kickboxing Ontario.
 2. Clubs with 50 registered competitive members or less have 1 vote.
 3. Clubs with greater than 50 competitive members have 2 votes.
- d. The agenda of the meeting will be proposed by the President and approved by the executive committee 30 days prior to the meeting.



KICKBOXING ONTARIO

- e. A quorum at the AGM must be 5% of the current club membership.
- f. The passing of all motions at the AGM requires 50+1% of votes of approved Delegates.
- g. Voting by proxy at the AGM is not acceptable.

4.02 Special Meetings

- a. A special meeting can be called by the President or a Board of Director member, as long as there is a requisition coming from 25% of voting Board members. The meeting will be held within 30 days of its calling.

4.03 Meetings of the Board of Directors

- a. Meetings of the Board shall be called by the President, by giving at least 72 hours of notice of time, date and place, or specifics of a teleconference.
- b. The Ministry has the right to call a meeting on 24 hours of notice.

4.04 Meeting of the Executive Committee

- a. Meetings of the Board shall be called by the President, by giving at least three weeks of notice of time, date and place, or specifics of a teleconference.

4.05 Quorum

A majority of accredited delegates shall form a quorum at all meetings of the Corporation.

4.06 Voting

- a. All voting is restricted to properly accredited delegates, as outlined in the By-Laws (see attached).
- b. The Board of Directors of the Corporation will have one vote each.

4.07 Motions

- a. Only properly accredited delegates have the right to submit notices of motion, submit amendment or second motions.
- b. Motions are decided by a simple majority vote.
- c. Notices of motion should be submitted in writing no later than 2 weeks before the AGM.



KICKBOXING ONTARIO

V. Finances

5.01 Banking

- a. The funds of the Corporation shall be deposited in a chartered bank of Canada in the name of the Corporation.
- b. All cheques shall be signed by any two of the President, Vice-President, or Director-Finance
- c. All monies owing to the Corporation shall be due and payable within thirty days of invoicing unless otherwise stipulated.
- d. The corporation has the power to accept donations, gifts, legacies and bequests.

5.02 Financial Policies

The fiscal year of the Corporation shall start on January 1st and end on December 31st of that calendar year.

- a. The Signing Authority requires 2 of the 3 Executive Board Members
- b. Ongoing or regular online banking transactions are permitted by the Director of Finance as long as they are approved by the Board.
- c. The PSO Financial Engagement reports will be produced by a chartered accountant within 90 days of the year end.
- c. Annual Budgets will be produced by the Executive Committee within 90 days of the year end for the upcoming year. This budget will be reviewed and approved by a quorum of membership at the AGM.

5.03 Financial Report

The financial review engagement of the Corporation shall be posted on the website 120 days after the end of the fiscal year.

5.04 Dissolution

- a. The Corporation shall not be dissolved unless all liabilities have been discharged and a motion has been passed by the majority of the votes recorded at the annual meeting.
- b. Upon dissolution, surplus money shall be donated to a charitable organization, decided by the majority at a special meeting.



KICKBOXING ONTARIO

Section VI Amendments

6.01 Amendments to the Constitution or By Laws

- a. All proposed amendments to the Objects/By Laws shall be forwarded, in writing, to the office of the Corporation no later than 30 days prior to the annual meeting at which they will be considered.
- b. All notices of motion to be discussed at the AGM will be forwarded to all accredited delegates not less than 30 days prior to the annual meeting.
- c. Amendments to the Objects/By Laws require a 2/3 majority vote of all accredited delegates.

Section VII Other Regulations

7.01 Rules and Regulations

- a. The Corporation may make such Rules and Regulations as may be deemed necessary to promote, develop and govern the sport of amateur kickboxing in Ontario. All attempts possible will be made to align both rules and regulations and yearly calendars with the NSO. For example, provincial championships will be set in a timely fashion to allow for qualified competitors to progress to the National Championships.
- b. The Corporation may impose such regulatory measures as it deems necessary for the efficient administration of the competitive structure of the sport within its jurisdiction.
- c. No such Policy and Procedures may violate the individual rights or freedom expect as may be required to protect the rights and freedom of any other individual and to ensure the stability of the basic structure of the corporation.

7.02 Policy and Procedures

- a. The Corporation may make such Policy and Procedures as may be deemed necessary to promote, develop and govern the sport of amateur kickboxing in Ontario. Attempts will be made to align these efforts with those of the National Body, but not to the detriment of the provincial body.
- b. No such Policy and Procedures may violate the individual rights or freedom except as may be required to protect the rights and freedom of any other individual and to ensure the stability of the basic structure of the corporation. Please see **Policies and Procedures** document for further detail.



KICKBOXING ONTARIO

7.03 Interpretation

In this Constitution and the By-Laws of the Corporation, unless the context otherwise specifies or requires;

- a. The singular shall include the plural and the plural the singular;
- b. The masculine shall include the feminine;
- c. 'Person' shall include individuals, bodies incorporated, partnerships, syndicates, trust, unincorporated organizations, and any number of aggregate of person;
- d. 'Member in Good Standing' means a person who is a member of the Corporation and who is not in arrears with regard to fees or whose membership has not been cancelled in accordance to Article 2.04



KickboxingOntario.com
5008 South Service Road, Burlington, L7L 5Y7
(905) 681-9815



KICKBOXING ONTARIO

BYLAWS

Article 1 Identification

- 1.1 The legal name of the Corporation will be used in all contracts, invoices, negotiable instruments and orders for goods/services made by the Corporation.
- 1.2 The operational name be used to identify itself and for communications.

Article 2 Membership

2.1 Description of Membership

- a. Active Member – An individual who is actively engaged in amateur kickboxing as a non-competitive member, athlete, coach, or official and who has paid membership dues.
- b. Active Club Member – A club/school/gym that has a minimum of 12 registered competitive members and 2 registered coaches pursuant to the rules of KICKBOXING ONTARIO, that has policies that are consistent with those of the Corporation.

2.2 Fees and Honorariums

- a. Membership Registration fees are:

Initial/Renewal

Competitive athlete	\$ 80
Recreational Member	\$ 15
Coach – all levels	\$ 80
Officials – all levels	\$ 80
Member Clubs	\$650

- b. Other fees

Ring Sport Event Sanctioning	\$1250 + HST (max 12 bouts)
Ring Sport Event Sanctioning	\$2000 + HST (max 24 bouts)
Tatami Sport Events (Please See Tatami Sanctioning document)	

- c. Honorariums are provided for volunteer officials of Kickboxing Ontario:

Chief Official -	\$150
Referees/Judges -	\$100



KICKBOXING ONTARIO

KM Expenses - \$0.50/KM (Return trip from home city to competition)

- d. Amendments of Fees or Honorariums – The fee structure can be changed with a 2/3 vote from the Executive Committee at any time during the calendar year. The change in fees will not apply until the following registration year. All members must be notified 45 days before the commencement of the registration year.

2.3 Registration Procedure

All members must register annually. The registration year shall commence on September 1st of every calendar year. All individual members must come from registered Member Clubs. Athletes not affiliated with a registered member club are not permitted to become members of KICKBOXING ONTARIO. If an individual member would like to join, a list of registered clubs will be provided by KO to allow for this individual member to choose and join. The following items are to be sent directly to the NSO office for registration:

- a. Initial Registration of Athletes

Competitors registering for the first year must submit the following items:

- i. Completed Membership Application - Individual
- ii. A copy of legal document attesting birth date
- iii. Two passport sized pictures
- iv. Annual Medical Exam – for ring sport disciplines
- v. Registration fee

- b. Renewal Registration of Athletes

- i. Completed Application - Individual
- ii. Annual Medical Exam – for full contact rules and duo-division applicants
- iii. Registration fee

- c. Registration of Recreational Members

- i. Completed Membership Application - Individual
- ii. Registration fee

- d. Registration of Officials – Coaches

- i. Completed Membership Application - Individual
- ii. A copy of their certification



KickboxingOntario.com
5008 South Service Road, Burlington, L7L 5Y7
(905) 681-9815



KICKBOXING ONTARIO

- iii. Registration fee
- iv. Proof of volunteer screening

- e. Registration of Member Clubs
 - i. Completed Membership Application - Club
 - ii. Registration fee

2.4 Documentation

Athlete Passport

1. Each athlete must be in possession of a Passport and is required to present such passport at all Kickboxing Ontario and sanctioned events.
2. Upon receipt of the passport the following entries are to be completed:
 - a. Athlete photograph
 - b. Signature
 - c. Medical Information
 - d. Number of bouts
3. Under no circumstances will athletes be allowed to compete in a full contact event who are not in possession of a complete, current medical exam which has been indicated in the athlete passport and is in possession of the KO office.
4. It is highly recommended for light-contact athletes to also have completed the medical exam – however it is not mandatory.
5. Updating passports with bouts held outside of Canada or with other recognized sanctioning bodies is the responsibility of the club coaches.
6. The loss of the passport shall be reported immediately to the office. Replacement passports will be issued with a \$45.00 replacement fee.

Official Booklets

1. Upon registration officials will be issued an officials booklet. The booklet must be kept up-to-date with entries on all bouts referred or judged and upon courses completed or clinics attended.
2. Upon receipt of the annual registration paperwork, all officials will receive a sticker attesting to their renewal that year.



KICKBOXING ONTARIO

Coaches Cards

1. Coaches wishing to participate in contest and tournaments sanctioned by Kickboxing Ontario must have competed a minimum Level I Coaching Certification Program.
2. Coaches will receive a card attesting to their accreditation, which they must present at all sanctioned events.

Article 3 Governing Structure

3.1 Executive Committee

A. President

1. Roles and Responsibilities

- a. To uphold the mission and mandate Kickboxing Ontario in all decisions within the mandated term of office.
- b. To represent Kickboxing Ontario at the National level.
- c. To represent the Corporation in all dealings with the Ministry of Health Promotion and other government bodies, foundations, sanctioning bodies.
- d. To be the spokesperson for the Corporation to both external and internal stakeholders.
- e. The Chief Executive Officer, the spokesperson, and the Chairman of the Board of the Corporation, the said individual will provide leadership in the strategic planning of the organization in all areas of development.
- f. To appoint skilled individuals to specific commissions, committees and Director portfolios.
- g. To provide the Board of Directors with all relevant information, decisions, and developments of the Corporation.

2. Qualifications

- a. Must be from a Registered Club
- b. Must have been on the KO Board of Directors for a minimum of two years.
- c. Demonstrated experience in the not-for-profit and sporting sector are highly recommended.

B. Vice President

1. Roles and Responsibilities



KICKBOXING ONTARIO

- a. The primary role of the said individual is to provide support and assist the President in developing the strategic goals and objectives of Kickboxing Ontario.
- b. To take over the role of the President at functions that the President is unable to attend and represent the Corporation.
- c. To be responsible for governance issues related to the structure and operations of the Corporation.
- d. To provide support membership development in the organization.
- e. To provide leadership for Club development in the organization.
- f. To ensure that the discipline and appeals processes are functioning effectively.
- g. Organize all aspects of the AGM

2. Qualifications

- a. Must be from a Registered Club
- d. Must have been a member of the KO Board of Directors for a minimum of two years.
- e. Demonstrated experience in the not-for-profit and sporting sector are highly recommended.
- b. Must have a minimum certification of Level I Coaching or Officiating.

C. Director - Finances

1. Roles and Responsibilities

- a. Establish annual budgets in conjunction with the finance committee
- b. Maintain records regarding all financial transactions
- c. Establish controls and systems for financial transactions
- d. Establish financial policies regarding expenses, fees, salaries, payments, honorariums, petty-cash, and review these annually with finance committee

2. Qualifications

- a. Must have a demonstrated background in accounting and/or financial management
- b. Must have been on the Board of Directors for a minimum of two years
- c. Demonstrated experience in the not-for-profit and sporting sector are highly recommended.

3.2 Board of Directors

A. Director Officials



KICKBOXING ONTARIO

1. Roles and Responsibilities

1. To review all Officials courses, materials, certifications on an annual basis and suggest changes, additions or modifications to the Board of Directors.
2. To provide feedback on the accreditation process for all Officials.
3. To provide feedback on the performances of all certified or probationary officials to the Board of Directors.
4. To assist in the instruction of Official courses.
5. To develop a strategic plan for the development of a pool of officials across Ontario.

2. Qualifications

- a. Must be from an Active Member Club
- b. Must have a minimum certification of Level II Coaching or Officiating
- c. Recommend a minimum of one-year experience on Board of Directors.
- d. Demonstrated experience in the not-for-profit and sporting sector is highly recommended.

B. Director Coaching

1. Roles and Responsibilities

- a. To review all coaching courses, materials, certifications on an annual basis and suggest changes, additions or modifications to the Board of Directors.
- b. To provide feedback on the accreditation process for all coaches.
- c. To provide input on any disciplinary actions filed against a registered coach.
- d. To oversee the program for the instruction of all Coaching courses.
- e. To develop a strategic plan for the development of a pool of officials across Ontario.

2. Qualifications

- a. Must be from an Active Member Club
- b. Recommend a minimum of one year experience on Board of Directors.
- c. Must have a minimum certification of Level I Coaching or Officiating

C. Director Competitions

1. Roles and Responsibilities



KICKBOXING ONTARIO

- a. To develop and review policies related to all competitions and tournaments in Ontario.
- b. To oversee the regulation of all provincial tournaments and competitions.
- c. To oversee the promotion and implementation of the annual provincial championships.
- d. To establish and oversee provincial rankings and results.
- e. To establish and review policies related to safety and medical issues.
- f. To establish and review screening policies and programs.
- g. To establish and review all rules and regulations of amateur kickboxing in Ontario.

2. Qualifications

- a. Must be from a Registered Club
- b. Must have been on the Board of Directors for a minimum of two years
- c. Must have a minimum certification of Level I
- d. Coaching or Officiating
- e. Demonstrated experience in the not-for-profit and sporting sector are highly recommended.

D. Director Marketing

1. Roles and Responsibilities

- a. Establishes all marketing plans
- b. Plans and oversees advertising and promotional activities.
- c. Establishes and maintains a consistent corporate image throughout all products.

2. Qualifications

- a. Must be from a Registered Club
- b. Recommend a minimum of one year experience on Board of Directors.
- c. Demonstrated experience in the not-for-profit and sporting sector are highly recommended.
- d. Must have demonstrated marketing experience.

